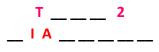


Sugary Drinks Are Making Us Sick

Fill in the blanks to identify the diseases linked to drinking too many sugary drinks.

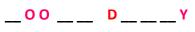


Just one to two sugary drinks a day increases your risk for this disease by 26%.

0____P___S_S

Phosphoric acid weakens bones and caffeine interferes with calcium absorption, leading to this disease.

Sugary Drinks are making us sick from head to toe.



The acid and chemicals in sugary drinks cause this disease.

H_____ D__S____E

People who drink 2 to 3 sodas per day are almost 3 times more likely to die of a heart attack.

L__V__ DISEASE

Drinks high in fructose lead to the build-up of fat in this organ. Previously related mainly to alcohol, studies show that those who drink soft drinks have higher incidence of this disease than those who do not.

C___C_R

Obesity is a risk factor for different forms of this disease and studies have linked sugary drinks to this disease in the uterus and liver.

In a recent study, young healthy men who drank more than one sugary drink a day had significantly lower sperm quality than those who drank less than one sugary drink a day.

I___F_____Y

GO

This form of arthritis causes severe pain, redness, and tenderness in ioints.

Source: Open Truth Website www.opentruthnow.org