


Student Nutrition Services + Wellness Policy Shape Up Coalition Meeting October 8, 2014



SFUSD at a Glance

- Over 55,000 diverse students in 139 preK-12 schools
- 61% of students qualify for free/reduced lunch
- Largest public food service program in San Francisco
 - ✓ 21,000 lunches, 6,000 breakfasts, 2,500 suppers, + 5,500 after school snacks on a daily basis
 - ✓ 48,000 pounds of food per day
- Only 57% of students who qualify for free/reduced meals participate in lunch, and only 13% of students not eligible for free/reduced meals purchase lunch

That's the weight of two school buses!



Visionary Board + Superintendent

- Long standing commitment to promoting good eating habits and providing access to high quality nutritious food
- Committed to change and investing in vision of a student-centered, financially-stable system
- Seeking help and support from the broader community



Hungry Kids Cannot Learn

We know good nutrition is tied to better concentration in class, better grades and better health



Better
Grades



Better
Concentration

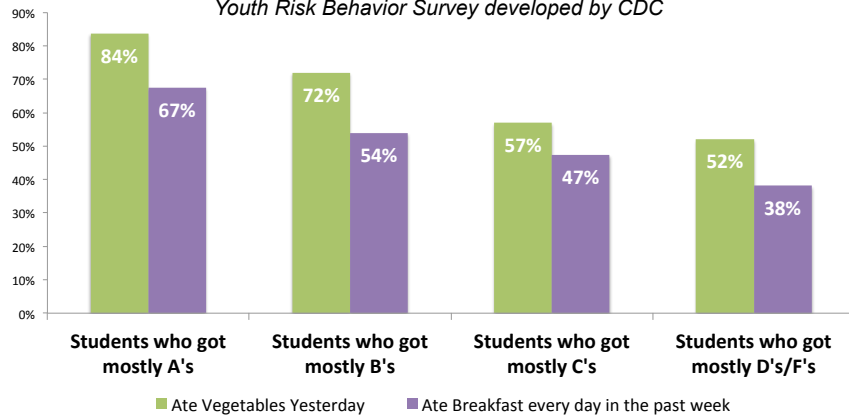


Better
Health

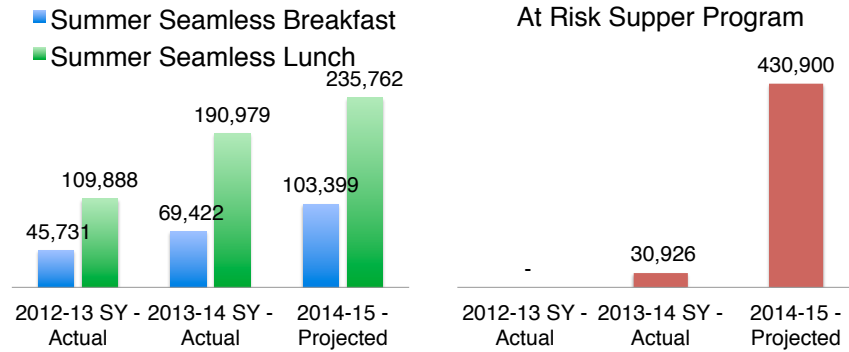


Health Eating + Academic Achievement

SFUSD Middle School Health Survey Results
Youth Risk Behavior Survey developed by CDC



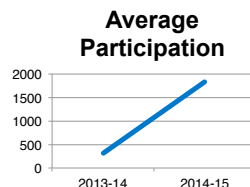
Expanding Meal Services



Breakfast

Elementary Breakfast in the Classroom

- At high need schools, make school breakfast available to all students for free
- Rolled out at 6 elementary schools: *Bryant, Malcolm X, Spring Valley, Hillcrest, ER Taylor, Garfield*
- Average breakfast participation has gone from 315 at these six schools to 1,832 – 1,517 more students
- 10 additional schools via Breakfast Expansion grant from CDE



Middle +High: Second Chance Grab 'n' Go

- Being expanded to a second service offered during homeroom or study period
- Washington & Lincoln implemented in the Spring 2014
- Mission, Thurgood, Balboa are in discussions to implement Fall 2014



Lunch and Supper

Elementary Lunchtime Choice

- Elementary school students have two entrée choices every day, more salads and more vegetarian entrees
- Families no longer need to pre-order vegetarian meals

After School Supper Program

- In partnership with ExCEL and EED, Student Nutrition has rolled out **27 supper programs** in place of after school snack.
- Approximately 2,400 suppers served a day to high need students. More sites are planned for later in the year.
- Student Nutrition staff receive additional time and serve the meal.
- Suppers are free to all children under 18.

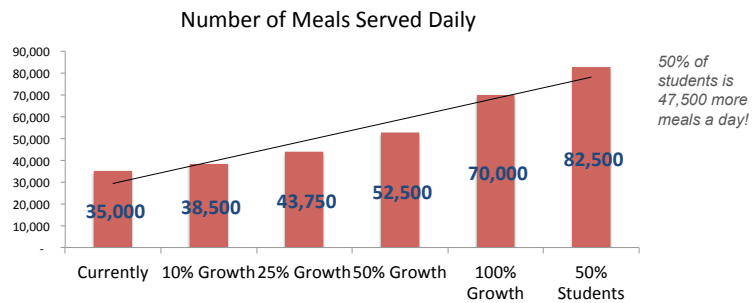
Three Meals A Day

- Over 1/3 of our schools are serving three meals a day.



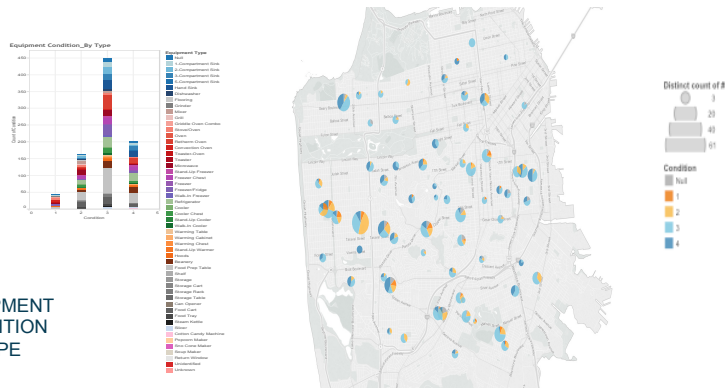
Challenge Taking it to Scale

- Currently serve about 35,000 meals a day
- 100% growth would bring us to 70,000 meals a day
- 50% of students eating breakfast, lunch + supper = 82,500 meals daily



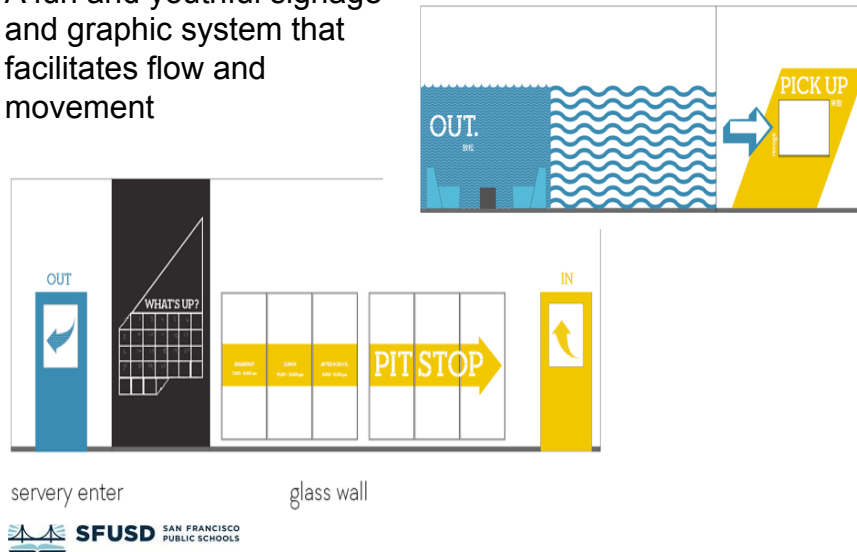
Facilities Assessment + Regional Kitchen Planning

MK Think conducting a dining area facilities assessment to better understand current state of SFUSD's kitchens, dining areas and equipment



Dining Space Refresh + Redesign

A fun and youthful signage and graphic system that facilitates flow and movement



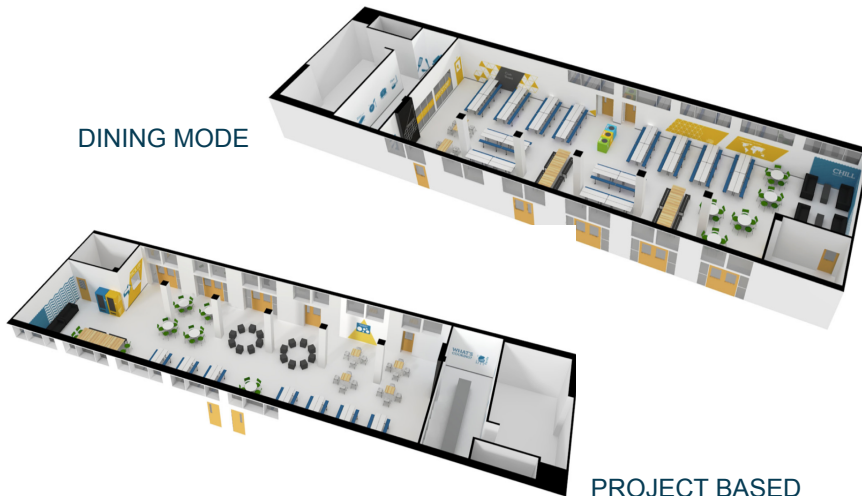
Dining Space Refresh + Redesign

A flexible space that supports dining and learning modes



Roosevelt Middle School

DINING MODE



PROJECT BASED
LEARNING MODE



Piloting Mobile Food Cart

- Mobile food cart designed by IDEO for SFUSD to provide a distributed point of sale that enables students to get their meal faster
- Piloting and have had very positive results so far - 30 meals in 5.5 minutes!





Community Portal: www.SFUSDFutureDining.org

The Community Portal is a key part of the Future Dining Experience vision.

It is a platform that enables the greater SF community to connect with the SFUSD School Food program in multiple ways.

The site provides project updates, volunteer opportunities and a donation platform.



Wellness Policy

- Recommendations from the Food and Fitness Advisory Committee
- Grant from Department of Public Health
- SFUSD inter-departmental team
 - Student Nutrition, Physical Education, After School, School Health Programs, Nutrition Education, Legal
- Update Food and Fitness Advisory Committee
 - October 29th, 3 pm to 5 pm, 95 Gough Street

